

**ADD-ON COURSE
ON
LIFE SKILL EDUCATION**

DEPARTMENT OF EDUCATION

**COURSE COORDINATOR
DR. DARSANA CHANGKAKOTI
ASSISTANT PROFESSOR**

NOTICE

It is for general information of the students that the Department of Education of Pandu College will start an ADD-ON course on "Life Skill Education" from 5th October 2023(05/10/2023). Those who are interested can register their name in the google form with link <https://forms.gle/GflkrtbNep4dAAgqE8> and take admission on or before 05/10/2023.

1. Name of the Course: Life Skill Education

2. Duration: 30 Hours (18 theory classes+ 12 practical classes)

Per week: 06 classes

3. Course objectives: a) To develop the basic understanding about life skill

b) To acquire the skills of various life skills required at present

4. Course outcome: Students will learn the basic life skills to help their personality development.

5. Syllabus/Units: 2 credits

UNIT-1 Communication Skills

- A) Listening
- B) Speaking
- C) Reading
- D) Writing
- E) Digital literacy

UNIT-2 Team Skills

- A) Group Discussion and presentation Skills
- B) Brainstorming
- C) Social and Cultural Etiquettes

UNIT-3 Practical

Medium of Instruction: Assamese and English

Mode: Blended (offline and online)

Evaluation: 100 marks(60 theory exam+40 practical)

Session: 2022-23(05/10/2023 to 15/11/2023)

Reference Books

Bhatt, D. R. (2017). *Life skill Education*. Nation Press.

Dr. K. Ravikanth Rao and Dr. p. Dinakar. (2016). *Life Skills Education*. Neelkamal.

Mahajan, G. (2022). *Life Skills Education*. Shipra publications.

Ruma Medhi

Full signature of HOD

4/10/23

Name of the Department: Department of Education

Course Coordinator: Dr. Darsana Changkakoti

Darsana Changkakoti

Date of Submission: 04/10/2023

PANDU COLLEGE
STUDENT'S ATTENDANCE

Class.....Semester.....

[illegible]

PANDU : GUWAHATI - 12
REGISTER

Section.....Subject.....

[illegible]

PANDU COLLEGE

Sessional Examination, Nov, 2023

Class ADD.O.N...... Semester

(Under Gauhati University)

Date of Examination 01/02/2024

Subject Add-on Course Education Paper Life Skill Education

Room No (Exam Held) R 002

Name of teacher (s) on Exam Duty Dr. Lassana Chongkakoti

College Roll No.	Name	GU. Roll No.	SAMARTH No.	Full Signature
165	Divya Chetry	UA-221-028-0192		Divya chetry
208	Riya Roy	UA-221-028-0077		Riya Roy
106	Deepshikha peya	UA-221-028-0267		Deepshikha peya
211	Sangita Kumari kanti	UA-221-028-0249		Sangita kumari kanti
206	Pranjanka Gurung.	UA-221-028-0269		Pranjanka Gurung
157	Sampa Sikder	UA-221-028-0056		Sampa Sikder
124	Sukomal Bhattacharjee	UA-221-028-00377		Sukomal
53	Kankar Barman	UA-221-028-0041		Kankar
139	Manjesh Chakraborty	UA-221-028-0276		Manjesh
44	Manjuma Begum	UA-221-028-0332		Manjuma
226	Alladi Bhawmik	UA-221-028-0189		Alladi
23	Puja Deka	UA-221-028-0194		Puja Deka
105	Niha Devi	UA-221-028-0279		Niha Devi
230	Risha Das	UA-221-028-0196		Risha Das
120	Madhusmita Bhuyan	UA-221-028-0156		MBhuyan
450	Kalpana Kumari	UA-221-028-0123		Kalpana Kumari
421	Lakhi Das	UA-221-028-0346		Lakhi Das
164	Yesmina Akter	UA-221-028-0342		Yesmina Akter
10	Cloronica Golder			Cloronica Golder

Signature of the Invigilators: 1. Lassana Chongkakoti 2.

3.

4.

Answer the following questions: $20 \times 2 = 40$
গোব প্রশ্ন অম্বুধ উত্তর দিয়া:

1. What do you mean by life skills? Discuss about the various types of life skills? (4+16=20)
জীবন শৈক্ষা কী? এর বিভিন্ন প্রকার-
অম্বুধ-বিষয়ে আলোচনা কর।

OR

- What is life skill education? Discuss the role of education in developing life skills? (4+16=20)
জীবন শৈক্ষা শিক্ষা কী? এর শিক্ষার ভূমিকা-
জীবন শৈক্ষা-বিষয়ে আলোচনা কর।

2. Discuss about the need and importance of life skills education. Mention its nature and characteristics.

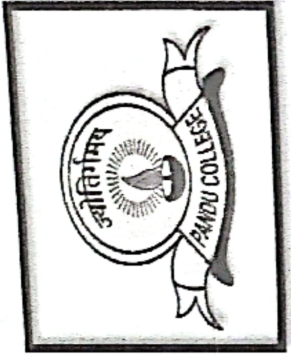
জীবন শৈক্ষা শিক্ষার-প্রয়োজন এবং তা-এর গুরুত্ব
আলোচনা কর। এর বৈশিষ্ট্য অম্বুধ বর্ণনা কর।

3. Write short notes on: - [10x2 = 20]

কম্বু নোকা লিখা: -

(a) Communication
সংস্পর্শ

(b) Social etiquettes
সামাজিক নিয়ম



DEPARTMENT OF EDUCATION

PANDU COLLEGE

REPORT ON ADD-ON COURSE ON LIFESKILL EDUCATION

The Department of Education organized an add-on course on Life skill Education for the students from 5th October 2024 to 15th November 2023. A total of 20 students were enrolled. However, 19 students appeared for the course completion examination held on 1st February 2024.

Darsana Choudhary
Signature of the Coordinator

HOD
Department of Education
Pandu College, Guwahati-12
Date.....
[Signature]
Signature of the HOD

OUTCOME OF THE PROGRAMME: The students developed a deep insight on the core lifeskills as identified by the WHO.



CERTIFICATE OF COMPLETION

This is to certify that Sukamal Bhattacharye
of B.A IVth Semester has successfully completed the Add-on course
on "Life Skill Education" with Grade- A under the Department of Education,
Pandu College.

PRINCIPAL

S. B. Das
Principal
PANDU COLLEGE, PANDU
Guwahati-12, Assam

CO-ORDINATOR

Parvina Choudhury